

# PSYCHOLOGY (PSY)

---

## **PSY111 Introduction to Psychology (3 course hours)**

An overview of persons, ideas, and principles in the scientific study of behavior; historical development and current status of psychology; and investigative activities and significant findings in psychology.

**Course offered:** SEM

## **PSY111H Intro to Psychology - Honors (3 course hours)**

An overview of persons, ideas, and principles in the scientific study of behavior; historical development and current status of psychology; and investigative activities and significant findings in psychology.

**Course offered:** SEM

## **PSY221 Child Development (3 course hours)**

A study of theory and research related to human growth and development from prenatal period through adulthood; emphasis on factors influencing development especially in areas of social, emotional, cognitive, cultural, and personality functioning.

Coreq EDU231EC for entitlement

Pre-requisites: PSY111

**Course offered:** SPR

## **PSY224 Adolescent Development (3 course hours)**

Studies behavioral characteristics and the social development of adolescents, including identity, cognitive development, peer groups, education, sexuality, and substance abuse.

Pre-requisites: PSY111

**Course offered:** SEM

## **PSY232 A Life Lived Well: Positive Psychology and Human Adjustment (3 course hours)**

This course introduces the relatively new subdiscipline of Positive Psychology, which explores human flourishing as opposed to distress and mental illness. The three pillars of positive psychology - the pleasant life (positive emotions), the good life (engagement and flow), and the meaningful life (using strengths in service), will be explored by both a review of empirical research and related experiential exercises. Specific topics such as optimism, hope, forgiveness, gratitude, creativity, and empathy will be discussed in light of the Christian faith.

Pre-requisites: PSY111

**Course offered:** ESPR

## **PSY296 Psychology Internship I (1-3 course hours)**

A supervised experience designed and tailored by the student and the program's coordinator. Requires placement in clinic, agency, residential facility, school or appropriate equivalent.

Pre-requisites: SSC281

**Course offered:** DEM

## **PSY301 Reflecting on the Conversation (1 course hour)**

This class builds on GEN101 and prepares the student for GEN401. Drawing on their entire Judson experience students will reflect and articulate how that experience (major, general education, faith formation, co-curricular activities, etc.) is shaping them as whole persons. Through guided discussion and assignments, students will envision and articulate how the Judson experience will affect how they shape their world.

**Fulfills:** GEN301 Equivalent

**Course offered:** ANUA

## **PSY309 Interpersonal Relationships (3 course hours)**

The study of personal relationships through the application of communication and conflict resolution theory and techniques and exposure to factors that contribute to successful relationships. Self-awareness on topics such as friendship, love and gender are used to promote understanding in interpersonal relationships.

Instructor may override prereq

Pre-requisites: PSY111

**Course offered:** FAL

## **PSY315 Physiological Psychology (3 course hours)**

A biological and physiological approach to understanding human and animal behavior, and a study of the brain, nervous system, hormones, and sensory processes as they relate to observable behavior.

Pre-requisites: PSY111

## **PSY321 Abnormal Psychology (3 course hours)**

Studies the nature of abnormal behavior and its social significance; description, dynamics, and causes of psychological disorder; methods of diagnosis, therapy, and ecological interactions; and supporting and accompanying abnormal adjustments.

Pre-requisites: PSY111 OR SOC151

**Course offered:** OFAL

## **PSY323 Personality (3 course hours)**

A critical comparison of various theories concerning structure, dynamics, functions, and development of personality as well as selected topics in current research.

Pre-requisites: PSY111 OR SOC151

**Course offered:** EFAL

## **PSY323H Personality - Honors (3 course hours)**

A critical comparison of various theories concerning structure, dynamics, functions, and development of personality as well as selected topics in current research.

**Course offered:** EFAL

## **PSY324 Cognitive Psychology (3 course hours)**

An investigation of human mental processes through empirical methods of study. Abilities such as memory, problem solving, reasoning, and their relation to intelligence are examined.

Pre-requisites: PSY111

## **PSY324H Cognitive Psychology - Honors (3 course hours)**

An investigation of human mental processes through empirical methods of study. Abilities such as memory, problem solving, reasoning, and their relation to intelligence are examined.

## **PSY327 Psychological Tests/Measurement (4 course hours)**

An assessment of human characteristics and abilities such as intelligence, performance, academic achievement, and personality, and how psychological tests are constructed, utilized, and evaluated, clinically and theoretically. Lecture and lab.

Pre-requisites: PSY111

**Course offered:** FAL

## **PSY328 History/Systems of Psychology (3 course hours)**

Examines historical antecedents of psychology such as medicine, philosophy, and mathematics as they related to the development of psychology. Major historical schools of psychological thought are studied.

Pre-requisites: PSY111

**PSY375 Health Aspects/Chem Dependency (3 course hours)**

Focuses on the major categories of psychoactive drugs and their use/abuse. It surveys substance abuse and dependence and the addiction process. It examines models of treatment and prevention based on major theories of addiction and the relationship of addiction to physical, mental, relational, and spiritual health.

Pre-requisites: PSY111

**Course offered:** OFAL

**PSY380 Trauma and Crisis Intervention (3 course hours)**

This course serves as counseling 'first aid,' meaning that a student will develop skills in: crisis intervention with children, adolescents and adults; development of intervention and prevention strategies; and collaboration with other helping professionals, including how and when to make referrals. Students will also learn about current research and theories regarding psychological trauma and effective treatments.

Pre-requisites: PSY221 OR PSY224 OR PSY321

**Course offered:** EFAL

**PSY380H Trauma and Crisis Intervention Honors (3 course hours)**

This course serves as counseling 'first aid,' meaning that a student will develop skills in: crisis intervention with adolescents and their families; recognizing and conceptualizing 'at risk' adolescents; identifying some specific adolescent disorders; constructing comprehensive intervention and prevention strategies; and collaboration with other helping professionals, including how and when to make referrals.

**Course offered:** OSPR

**PSY411 Christian Values/Human Sexuality (3 course hours)**

An interdisciplinary examination of the physiological, cultural, psychological and biblical bases of human sexual behavior with attention devoted to student development of a personal perspective toward sexuality that integrates Christian values and moral integrity. Faculty consent required.

Pre-requisites: PSY111 PSY224, Faculty consent required.

Faculty consent required.

**Course offered:** DEM

**PSY419 Integration of Psychology and Christianity (3 course hours)**

Studies psychology as an academic discipline from a Christian perspective. Investigation of mutual relationship between psychological and theological concepts and data and examination of models relating science and religion, psychology and theology, and professional practice and personal living.

Must be at sophomore status before class begins.

Instructor may override prereqs.

Pre-requisites: PSY111

**Course offered:** SPR

**PSY423 Introduction to Group Processes (3 course hours)**

A course designed to introduce the student to the history of groups. A study of how small groups are used in human services settings, theories of group dynamics, and a strong emphasis on group facilitation skills. The course also covers the importance of diversity in managing small groups. The course provides students with an understanding of confidentiality, and the appropriate use of client data. Also, students can practice managing conflict, and establishing rapport with clients in a group setting.

Student must be at Junior or Senior standing (at least 60 hours earned) when the class begins. All others will be dropped from the class without instructor's authorization.

**Course offered:** EOFA

**PSY424 Counseling Theories (3 course hours)**

Reviews the theoretical foundations, techniques and processes of major models of counseling. Attention is given to characteristics of an effective counselor, ethics, case conceptualization and the development of rudimentary helping skills.

Pre-requisites: PSY221 OR PSY224 OR PSY321 OR SSC227

**Course offered:** EFAL

**PSY425 Basic Helping Techniques (3 course hours)**

Requires application of theories and practices of counseling including special reference to adjustment and development of the college student as a 'people helper.' Students learn and practice basic counseling skills in class while observing the work of counselors in an off-campus placement.

Instructor may override prereqs.

Co-requisites: PSY496X, Faculty consent required.

Pre-requisites: PSY424, Faculty consent required.

Faculty consent required.

**Course offered:** FASP

**PSY491 Senior Seminar in Psychology (1 course hour)**

This capstone course will require senior psychology majors to reflect on crucial topics related to their undergraduate education and continuing education. Students will also explore themselves by identifying, clarifying, and planning for their post-college aspirations. These explorations will occur through the creation of a professional portfolio, class discussion, and presentations.

**Course offered:** FAL

**PSY496 Psychology Internship II (1-3 course hours)**

A supervised experience designed and tailored by the student and the program's coordinator. Requires placement in clinic, agency, residential facility, school or appropriate equivalent.

Faculty consent required.

Pre-requisites: SSC281, Faculty consent required.

Faculty consent required.

**Course offered:** DEM