

# NURSING (NUR)

---

## **NUR101 Academic Success Seminar (3 course hours)**

This course presents the tools for academic success through interactive learning experiences, including self-assessment of learning styles as a means to facilitate learner outcomes. Students are introduced to critical thinking processes and the American Psychological Association (APA) writing style. A review of mathematical skills required for safe dosage calculation is presented and practiced.

## **NUR103 Adult Medical-Surgical Nursing (9 course hours)**

This course introduces nursing students to the basic principles necessary in providing nursing care for the patient with various adult health disorders. Utilizing the nursing process, the student will identify the needs and nursing care for the patient with specific medical-surgical and psychosocial problems. Throughout this course the disease process and treatment for specific disorders are explained with emphasis on the roles and responsibilities of the nurse in providing appropriate nursing interventions. The psychosocial aspects of nursing will also be discussed in providing care for the patient with adult health problems. Knowledge and review of Anatomy & Physiology, Pharmacological concepts and Fundamentals of Nursing precepts are integrated into the course.

**Co-requisites:** NUR103L and NUR103C

## **NUR103C Adult Medical-Surgical Nursing-Clinical (0 course hours)**

Clinical component of NUR 103

**Co-requisites:** NUR103

## **NUR103L Adult Medical-Surgical Nursing-Lab (0 course hours)**

Lab component of NUR 103

**Co-requisites:** NUR103

## **NUR104 Maternal Child Nursing (2.5 course hours)**

This course focuses on the utilization of the nursing process and critical thinking in the care of childbearing families. Content includes application of biological, social, and developmental theory in the promotion and restoration of health. Clinical experiences provide opportunities for the application of knowledge and skills in the care of childbearing families.

**Co-requisites:** NUR104C

## **NUR104C Maternal Child Nursing-Clinical (0 course hours)**

Clinical component of NUR 104.

**Co-requisites:** NUR104

## **NUR105 Nursing Care of Children (2.5 course hours)**

This course uses the nursing process and critical thinking in the basic care of children and families. Emphasis is on contemporary pediatrics as a health promotion and wellness model focusing on the child and family as a unit. Content includes application of biological, social, and developmental theories in the promotion and restoration of health.

**Co-requisites:** NUR105C

## **NUR105C Nursing Care of Children-Clinical (0 course hours)**

Clinical component of NUR 105.

**Co-requisites:** NUR105

## **NUR106 PN Role Transition (7 course hours)**

The focus of this course is on the application of the nursing process and critical thinking skills in the care of patients with common health issues. This course will provide the student with information to assist in one's transition from student into the role of the Licensed Practical Nurse (LPN). The student is prepared for the LPN position as outlined in the Illinois Nurse Practice Act for LPNs

**Co-requisites:** NUR106C

## **NUR106C PN Role Transition-Clinical (0 course hours)**

Clinical component of NUR 106.

**Co-requisites:** NUR106

## **NUR107 PN Capstone (2 course hours)**

This course guides students by reviewing and assessing their nursing knowledge; preparing them to successfully pass the NCLEX-PN licensure exam. Students focus on one specific content area weekly, moving from a pre-assessment quiz, to an online practice assessment, followed by an individualized focused review after completion of each content area, and ending with an individualized post assessment assignment and ending with a quality post-assignment. Students will also benefit from a live NCLEX review at the end of the course.

**Co-requisites:** NUR107L

## **NUR107L PN Capstone-Lab (0 course hours)**

Lab component of NUR 107.

**Co-requisites:** NUR107

## **NUR110 Practical to Professional Nurse Transitions (3 course hours)**

This course assists students in the transition from LPN to RN role, building on the knowledge and competencies previously learned. Components studied include adapting to change, critical thinking, nursing process, legal and ethical issues, dosage calculations, Evidence-Based Practice, APA format, and lifelong learning. The importance of balancing career, school, and personal life in order to meet educational and professional goals are discussed.

## **NUR112 Foundation of Nursing (6 course hours)**

This course introduces nursing principles and practices for students entering the PN and AASN program. The scope of primary acute, and restorative care along with current issues, emphasizing patient-centered care and evidence-based practice are addressed. Using current evidence, skills are learned and patient-care plans developed enabling students to understand patient outcomes and guide clinical decision making. Topics include the role of the PN and RN

**Co-requisites:** NUR112L and NUR112C

**Pre-requisites:** BIO274

## **NUR112C Foundation of Nursing-Clinical (0 course hours)**

Clinical Component of NUR 112

**Co-requisites:** NUR112

## **NUR112L Foundation of Nursing-Lab (0 course hours)**

Lab component of NUR 112.

**Co-requisites:** NUR112

## **NUR113 Nursing Health Assessment (2.5 course hours)**

This course prepares students to take a health history and to conduct a health assessment on individuals with varying ethnicities and diverse groups with and without health issues. Students will learn to synthesize large amounts of patient information using appropriate equipment and supplies with skill; to motivate patients and their families how to mobilize resources for health maintenance. Students will also continue to learn and begin to use therapeutic communication skills while conducting health assessments.

**Co-requisites:** NUR113L

## **NUR113L Nursing Health Assessment-Lab (0 course hours)**

Lab component of NUR 113.

**Co-requisites:** NUR113

**NUR115 Advanced Nursing Skills (1 course hour)**

All skills in this course will be presented using the nursing process assessment, NANDA nursing diagnoses, planning, expected outcomes, implementation, and evaluation. Specific requirements for activities prior to and following each procedure: supervision in the clinical setting; chart review physician's orders; treatment plan review; procedure review; patient assessment; patient and family teaching including audiovisual and written materials; cultural considerations; therapeutic communication and therapeutic relationship skills; use of translators for language barriers; continuous 'head-to-toe' assessment; assessment before, during and following procedures; documentation; and changes in the treatment following the procedure. Skills in this course will be in advance of those in the Fundamentals course to include: skills of measurements; skills for safety and infection control; comfort skills; medication administration including, but not limited to a review of all medications; and the addition of all intravenous medications; controlled analgesic administration, controlled substances; oxygenation administration and maintenance; circulatory skills including venipuncture, heparin locks; total parenteral nutrition; Peripherally Inserted Central Catheters (PICC); arterial blood gases; central venous catheter (CVP); transfusions; skin and wound care; immobilization and support; and special procedures.

**NUR116 Nutrition (2 course hours)**

This course introduces students to the principles of basic nutrition, guiding students through the life span by discussing the nutritional needs of each group. This course explores community nutritional issues and will enable the student to explore nutritional needs and care in persons with different medical conditions.

**NUR117 Adult Health Nursing I (7 course hours)**

The first course in this two-part adult health nursing sequence organizes the principles and practices of conditions connecting the biological, psychological, sociological, cultural and spiritual experiences of individuals, families, groups and communities. Students develop patient-centered nursing care for persons suffering with altered immune responses, gastrointestinal/fluid and electrolyte imbalances, problems with oxygenation and ventilation, cardiovascular diseases, and impaired hematological syndromes. Students learn perioperative care along with factors that impact health and wellness.

**Co-requisites:** NUR117C

**NUR117C Adult Health Nursing I-Clinical (0 course hours)**

Clinical component of NUR 117.

**Co-requisites:** NUR117

**NUR118 Psychiatric Nursing (3.5 course hours)**

This course presents the promotion and maintenance of the highest level of mental health across the life span, presenting the principles and practices of psychiatric and mental health nursing. Theories of therapeutic relationships and environment will be introduced. Legal and ethical issues will be explored as they relate to psychiatric nursing care. Students will explore the concepts and nursing care involving substance abuse and the gamut of psychiatric diagnoses and conditions as well as psychotropic drugs.

**Co-requisites:** NUR118C and NUR118L

**NUR118C Psychiatric Nursing-Clinical (0 course hours)**

Clinical component of NUR 118

**Co-requisites:** NUR118

**NUR118L Psychiatric Nursing-Lab (0 course hours)**

Lab component of NUR 118

**Co-requisites:** NUR118

**NUR211 Adult Health Nursing II (5.5 course hours)**

This second course in this two-part adult health nursing sequence builds on the principles and practices of conditions connecting the biological, psychological, sociological, cultural and spiritual experiences of individuals, families, groups and communities. It applies pathophysiological mechanisms of disease processes specific to the following body systems: Endocrine, Urinary, Male Reproductive, Neurological, Musculoskeletal, and Respiratory. Students explore legal and ethical issues and patient-centered nursing care in a variety of settings, including critical care settings.

**Co-requisites:** NUR211C

**NUR211C Adult Health Nursing II-Clinical (0 course hours)**

Clinical component of NUR 211

**Co-requisites:** NUR211

**NUR212 Maternity Nursing (4 course hours)**

This course focuses on the using the nursing process, critical thinking, and critical reasoning in the care of childbearing families. Content includes the application of biological, social, and developmental theory in the promotion, maintenance, and restoration of health and harm reduction. Emphasis is placed on communication and therapeutic interventions during prenatal, intrapartum, postpartum, and neonatal periods. Students learn to provide safe, effective, patient-centered evidenced based care.

**Co-requisites:** NUR212C

**NUR212C Maternity Nursing-Clinical (0 course hours)**

Clinical component of NUR 212

**Co-requisites:** NUR212

**NUR213 Pediatric Nursing (3.5 course hours)**

The course will review the growth and development of infants through adolescence; investigate special needs, including hospitalization and health dysfunctions in children through each bodily system. The course will also explore the roles of the Registered Nurse as an educator, leader, and manager in the delivery of contemporary pediatrics care.

**Co-requisites:** NUR213C

**NUR213C Pediatric Nursing-Clinical (0 course hours)**

Clinical component of NUR 213

**Co-requisites:** NUR213

**NUR214 Leadership and Management (4 course hours)**

This course incorporates and synthesizes nursing concepts and skills acquired in the Associate Degree program facilitating the transition from Licensed Practical Nurse to Registered Nurse. It includes legal and ethical responsibility and accountability. Students use the nursing process and critical thinking skills exploring concepts/skills in nursing management and leadership including delegation, supervision, and authority. Students explore contemporary nursing trends in both the clinical and non-clinical arenas. Career opportunities and professional growth are presented.

**Co-requisites:** NUR214C

**NUR214C Leadership and Management-Clinical (0 course hours)**

Clinical component of NUR 214

**Co-requisites:** NUR214

**NUR215 RN Capstone (1 course hour)**

This course guides students by reviewing and assessing their nursing knowledge; preparing them to successfully pass the RN licensure exam. Students focus on one specific content area weekly, moving from a pre-assessment quiz, to an online practice assessment, followed by an in-depth review to address areas of weakness, and ending with a post-assessment assignment.

**NUR301 Keys To Success Seminar (1 course hour)**

This course provides an intensive review of skills and abilities required to successfully complete a BSN degree. This hands-on interactive course will enable students to access Internet resources, complex literature searches, locate Evidence-Based Practice articles, and write a paper using American Psychological Association format (6th Ed.). Students must submit on-line, weekly assignments demonstrating mastery of gleaned skills.

**NUR310 Role Advancement in Nursing (3 course hours)**

This course expands and advances registered nurses' theoretical and professional knowledge building on past experiences and knowledge that includes interprofessional teamwork and collaboration. Professional roles within the health care delivery system are analyzed within the context of health promotion, maintenance, disease, and illness prevention for culturally diverse individuals, families and populations. Written and verbal communication skills are analyzed and applied.

**NUR311 Legal & Ethical Issues in Nursing (3 course hours)**

This course provides an introduction to moral philosophy or ethics by examining specific issues that arise in healthcare. It includes information and models that examine ethical dilemmas and clinical reasoning in a variety of clinical settings. The focus is on values clarification, ethical theories and concepts, ethical decision-making models, and professional ethical standards as identified by the American Nurses Association.

**NUR312 Nursing Research/Evidence-Based Practice (3 course hours)**

This course navigates students through the research process, the steps to critique research reports, and the ability to incorporate evidence based research into their practice. It presents the evolving nature of nursing using research methods that impact culturally diverse patients, families, and communities. This course assists students in understanding evidence-based practice and its application to nursing practice and optimizing health outcomes. This course prepares students to become knowledgeable consumers of and participants in research.

**NUR313 Nursing Theory (3 course hours)**

This course is an overview of intra- and interdisciplinary theory applicable to the discipline of nursing. Using the constructs of person, environment, health, and nursing, students learn the importance of nursing theory that guides their practice. It includes theory development, major concepts, definitions, assumptions, and logical discourse. Students gain an understanding of theory that supports research, administration, and practice.

**NUR314 Community Health Nursing (3 course hours)**

This course concentrates on healthcare promotion and primary, secondary, and tertiary prevention in the care of culturally diverse individuals, communities, aggregates, and populations. The use of critical thinking and clinical reasoning combined with community assessment and health promotion strategies at each level of prevention, impact health care policies in the community, state, and nation. The influence of global health on international, national, state, and local health care policies are explored. Students examine the social and political dimensions of community health practices and advocate for those persons marginalized.

**NUR315 Nursing Informatics (3 course hours)**

This course introduces computer science, nursing science, and information science used to share data, information, and knowledge to provide the best possible patient centered care for patients, families, and communities thereby assisting them to achieve their maximal level of health. Students learn the value of nursing informatics by collaborating with their peers and adding a positive outcome to patients as they support and establish safe, effective, therapeutic and ethical practice.

**NUR316 Leadership Capstone (6 course hours)**

This course emphasizes team work effectively and collaboratively as students assume a role as a member of an interdisciplinary health care team. The course addresses intra- and interprofessional collaboration, communication, decision-making, and initiatives to promote high quality, cost-effective, ethical nursing care in complex organizational systems. National quality standards (NPSGs) are examined, and students collaborate with the interdisciplinary team to design and initiate efforts to improve the quality of health care delivery. Application will be made in the planning, organizing and directing healthcare of culturally diverse aggregates and populations as well as the allocation of resources for health care organizations.